

Abram Bryn Gates Primary School Newsletter

January 2020



Inspire
Encourage
Challenge

Healthy New Year!

You may not be aware that schools must follow the School Food Standards and cannot provide children with foods that are high in salt, sugar or fat. Our school lunches are carefully developed to ensure that they meet these requirements.

When providing a snack for your child to eat at break time it must also follow these standards.

The **best snacks** are **fruit, vegetables or raisins** for example.

Children **must not** bring:

- Cereal bars (high in salt and sugar)
- Crisps
- Chocolate
- Crackers or breadsticks (high in salt)
- Sweets
- Any other high salt/sugar snack

Please also think about what is in your child's packed lunch. It is fine to have a cake bar or small snack sized chocolate bar or crisps but only as part of an otherwise healthy packed lunch. Please don't send your child with sugary drinks.

The school sells fresh toast and milk every day which can be ordered via the Evolve system. This is much cheaper than the snacks which are being brought into school and is much better for your child.

Water is the only drink that can be brought into school for during the day. (not lunchtime)

PTFA Gift Amnesty

If you have received any Christmas or birthday gifts that aren't quite to your taste, we would love to use them as prizes at our future events.

Please bring them to the office and put them in the donation bin.

The donation bin will be in the office until Friday 24th January.

Before and after school club

Twinkle Toes will continue to run breakfast club from 7.30am each morning and after school club until 5.30pm.

School dinners

Only £2.20 per day . Your child can order online from home or in school each day. Our food meets at the School Food Standards so you can be sure that your child is having a healthy diet with lots of choice.

Dates:

Thursday 6th February

Wednesday 12th February

Thursday 5th March

Saturday 14th March

Wednesday 25th March

Thursday 26th March

Wednesday 1st April

Friday 3rd April

Tuesday 21st April 2020

Y1 hearing tests

PTFA Valentine's Disco

KS 1 3.45pm-4.45pm

KS 2 5pm-6pm

World Book Day

PTFA Big Bounce Event

Zoo 2U (Years 1,2 and 4)

Parents' Evening

PTFA Easter Bingo

School closes

School re-opens 8.45am

If you have any comments about the school or would like to meet with me please contact the office on 01942 866392 or

enquiries@admin.bryngates.wigan.sch.uk. Mrs Talbot

Our new website is now live

www.abrambryngates.co.uk